

Singing for Lung Health groups online and open to all

Based across the whole of the United Kingdom, these Singing for Lung Health groups below are welcoming new participants from anywhere in the world who are challenged with breathlessness.

Groups

- Ayrshire <https://www.facebook.com/DAYRtoSing/>
- Edinburgh <https://www.warblers.org.uk/>
- Face to face groups in UK <https://www.asthmaandlung.org.uk/help/support-network/support-in-your-area/all-singing-groups>
- Glasgow <https://www.standrewsvoices.com/singing-for-lung-health>
- Greater London <https://www.starlingarts.com/sing-for-better-breathing>
- Guys and St Thomas Hospital London <https://breatheahr.org/breathe-sing/>
- Hereford <https://www.ensemble-enterprises.com/singing-for-lung-health>
- Newtownabbey near Belfast <https://www.asthmaandlung.org.uk/help/support-network/singing-lung-health-newtownabbey>
- Norfolk <http://playingforcake.uk/singing-for-health-online-session/>
- Northampton <https://www.projectsounds.co.uk/project-breath>
- Royal Brompton and Harefield Hospitals London <https://www.rbht.nhs.uk/about-us/our-charities-and-rbharts/rbharts/singing-for-breathing> ()
- Suffolk www.asthmaandlung.org.uk/groups-support/motivational-mondays
- Sussex www.singforbetterhealth.co.uk
- Wiltshire musicforwellbeingblog.wordpress.com
- Yorkshire www.facebook.com/sharedharmonies
- Yorkshire www.sharedharmonies.co.uk

Other resources

- Resources <http://www.themusicalbreath.com/singing-for-breathing-resources/>
- Singing for Breathing CD and download <https://www.themusicalbreath.com/2021/05/13/singing-for-breathing-cd-downloads/>