

Singing for Lung Health groups online and open to all

Based across the whole of the United Kingdom, these Singing for Lung Health groups below are welcoming new participants from anywhere in the world who are challenged with breathlessness

<http://www.themusicalbreath.com/singing-for-breathing-resources/> (Lots of different resources)

www.sharedharmonies.co.uk (Yorkshire)

www.facebook.com/sharedharmonies (Yorkshire)

www.singing4breathing.co.uk (Northampton)

www.singingforbreathing.wordpress.com (Cambridge)

www.facebook.com/SFLHTCH (Berkshire)

singingforbreathingrlh@gmail.com (Royal London Hospital)

www.cymazmusic.org.uk (Cornwall)

<https://breathehr.org/breathe-sing/> (Guys and St Thomas Hospital London)

<https://www.rbht.nhs.uk/arts> (Royal Brompton and Harefield Hospitals London)

www.sing-laugh-breathe.co.uk (Shropshire)

www.singforbetterhealth.co.uk (Sussex)

<http://playingforcake.uk/singing-for-health-online-session/> (Norfolk)

musicforwellbeingblog.wordpress.com (Wiltshire)

<https://www.facebook.com/DAYRtoSing/> (Ayrshire)

<https://www.warblers.org.uk/> (Edinburgh)

<https://www.mouthfulway.co.uk/breathless-singers> (South Shields)

<https://www.trinitylaban.ac.uk/take-part-for-adults/singing-for-lung-health/> (Lewisham & Greenwich NHS Trust in partnership with Trinity Laban Conservatoire. South East London)

FYI

Other Singing for Lung Health groups can be found here on this map. Some but not all will be continuing online. Some will be offering local opportunity

<https://www.blf.org.uk/support-in-your-area-details/singing-group>

NB: New groups starting in 2021 – keep an eye on the map.