

Books on Singing, Breathing, Music Therapy plus Health and Wellbeing

“Health, the individual, and integrated medicine: revisiting an aesthetic of health care, David Aldridge (Jessica Kingsley, 2004)

“How music helps in music therapy and everyday life” Gary Ansdell (Ashgate 2014)

“Phenomenology of Illness” Havi Carel (Oxford University Press 2016)

“Flow: the psychology of optimal experience” Csikszentmihalyi, M (Harper 2008)

“Breath In Action”, Jane Boston and Rena Cook (Jessica Kingsley, 2009)

“Breath, The Essence Of Yoga”, Sandra Sabatini (Pinter Martin, 2007)

“Breathe”, Jean Hall (Quadrille, 2016)

“Breathing Into Life”, Bija Bennett (Hazelden, 1993)

“Your Voice: The basics”, Scott Mccoy (Inside View, 2016)

“Freeing The Natural Voice”, Kristin Linklater (Nick Hern, 2006)

“If In Doubt, Breathe Out”, Ron Morris and Linda Hutchinson (Compton, 2016)

“Respiratory Function In Singing”, Thomas J Hixon (Reddington Brown, 2006)

“Singing And Teaching Singing”, Janice Chapman (Plural, 2006)

“Singing The Actor”, Gillyanne Kayes (AC Black, 2004)

“The Breathing Book”, Donna Farhi (Holt Paperbacks, 1996)

“The Dynamics Of The Singing Voice”, Meribeth Bunch (Springer, 1997)

“The Performer’s Voice”, Meribeth Bunch (WW Norton & Co, 2006)

“The Right To Speak”, Patsy Rodenburg (Methuen, 1992)

“The Singers Breath”, Rebecca L Engen (Journal of Music Therapy, Spring 2005)

“The Vocal Athlete”, Wendy de Leborgne and Marci Daniels Rosenberg (Plural, 2014)

“This Is A Voice”, Jeremy Fisher and Gillyanne Kayes (Profile, 2016)

“Voice Work. Art And Science In Changing Voices”, Christina Shewell (Wiley Blackwell, 2009)

“What Every Singer Needs To Know About The Body” – Malde, Allen and Zeller (Plural 2013)